



PLAY 60 CHALLENGE ACTIVITY SHEET

THE BUFFALO BILLS ARE CHALLENGING YOU TO BE ACTIVE FOR 60 MINUTES EACH DAY! USE THIS SHEET TO WRITE DOWN HOW MANY MINUTES YOU PLAY FOR THE NEXT FOUR WEEKS. FILL IN YOUR SHEET EACH DAY AND TURN IT IN TO YOUR TEACHER EVERY FRIDAY IN OCTOBER FOR A SPECIAL PRIZE.

NAME _____

SCHOOL _____

GRADE _____

PARENT SIGNATURE _____

(Please sign when your child has completed the challenge)



