





PLAY 60 CHALLENGE ACTIVITY SHEET

THE BUFFALO BILLS ARE CHALLENGING YOU TO BE ACTIVE FOR 60 MINUTES EACH DAY! USE THIS SHEET TO WRITE DOWN HOW MANY MINUTES YOU PLAY FOR THE NEXT FOUR WEEKS. FILL IN YOUR SHEET EACH DAY AND TURN IT IN TO YOUR TEACHER EVERY FRIDAY IN OCTOBER FOR A SPECIAL PRIZE.

MAIIL		3CHUUL_		
				1
GRADE	DADEN	T SIGNATURE		
UNADE	PANLI	II JIUNAIUNE	1	

(Please sign when your child has completed the challenge)



TOGETHER AGAIN

1	2	3	4	5	6	7
MINUTES OF PHYSICAL ACTIVITY:						
8	9	10	11	12	13	14
MINUTES OF PHYSICAL ACTIVITY:						
15	16	17	18	19	20	21
MINUTES OF PHYSICAL ACTIVITY:						
22	23	24	25	26	27	28
MINUTES OF PHYSICAL ACTIVITY:						